

# Gosford Public School Bulletin

Faunce Street, West Gosford, NSW 2250 Tel. 4349 3600 Fax. 4349 3699

Term 4 – Week 4

Email [gosford-p.school@det.nsw.edu.au](mailto:gosford-p.school@det.nsw.edu.au)

Thursday 8 November 2018

## DIARY DATES

### Week 5

Ready Set Go 13/11

### Week 6

Ready Set Go final

session 20/11

P&C meeting @ 7:30pm

Chapman Room 21/11

Year 6 Fun Day 23/11

### Week 7

School Disco 29/11

Kinder – Yr 2: 4:15pm to

5:00pm

Yr 3 – 6: 5:15 to 6:30pm

### Week 8

Stage 2 Incursion –

Colonial Tales 3/12

### Week 9

Year 6 Farewell @ Gosford

Golf Club 13/12

Year 6 Surf Fun Day 14/12

### Week 10

Gosfords' Got Talent 17/12

Class parties 18/12

Graduation ceremony Yr 6

19/12

Last of school 2018 19/12

## 2019

### Term 1

### Week 1

Students Yr 1 to 6 return

Wednesday January 2019

Kindergarten students 2019 commence school on Monday 4 February. Starting times will be confirmed by letter to parents

## FROM THE PRINCIPAL

### P&C 'Chapman Trust' Contributions

During my absence, Mr. Allen presented at the first P&C meeting for the term and respectfully requested that the P&C consider the school's request for financial support of a number of initiatives and resources. I'm very happy to announce that the following was supported and will be financed via the funds available through the 'Chapman' Trust:

- 'Future focused learning' furniture for the Library/Technology 'Hub' (\$7000)
- Athletics/Sports equipment (\$6500)
- 2019 'School Magazine' subscription (\$1600)
- iPad 'safe grip' heavy duty cases (\$512)
- Art supplies (\$500)

I would like to acknowledge the trustees of Alfred & Ella Chapman funds for their ongoing support of our school.

### Term 4 Focus

Can I ask parents to support our teachers in reinforcing the following important end-of-year goals for our students:

- Term 4 provides a good **opportunity for students to consolidate many of their curriculum understandings** for the year. There is still time to 'get on top of' any academic areas that are worrying them.
- Teachers will be spending a significant amount of time preparing and administering assessment tasks as they ready themselves for the final reporting period of the year so **regular school attendance is critical as will be arriving at school 'on time'!**
- Please reinforce our school rules/values - our students need to look after their friends by **sharing the good thoughts** and **respecting each other in work and in play!**
- Term 4 can be a **time to celebrate all the hard work we've done over the year** but we still have plenty of time to get some more work done and our **celebrating can wait until the end of the year!**
- Our **Year 5 and 6** students have a really important time ahead – **Year 6 will be finalising their preparation for the transition to high school** and dealing with a mixed set of emotions, whilst
- **Year 5** will be thinking about moving into Year 6 and **the student leadership opportunities/responsibilities** that will become available to them in the new year.

So, some important messages - I now ask parents to reinforce these same messages at every opportunity to help us all enjoy what should be a great finish to the end of a very successful and productive school year!

### **Student Supervision & Early Arrivals**

Just a reminder to all that our supervision of students begins at 8:30am every school morning with our first rostered duty of the day - prior to 8:30am formal supervision is not provided.

Consequently, I ask that (wherever possible) parents not drop their children off prior to that time. If you are required to drop your children off in the morning earlier than 8:30am, I suggest that you contact the before & after school care group which operates out of the Chapman Room, they may be able to provide placement for your child allowing for their safe supervision prior to the school day beginning.

## **FROM THE DEPUTY PRINCIPAL**

### **WILL YOUR CHILDREN BE RETURNING TO OUR SCHOOL IN 2019?**

In order to assist us with class formation and planning for 2019, it is vital that the school accurately forecasts student enrolments. If your family holiday is extending beyond the first day of school 2019, we require notification from parents/carers informing the school that your child/ren will be returning to Gosford PS and the date of their return. Also – if you know that you will be moving or your child will be attending another school next year please let us know as soon as possible.

### **Cyber Safety – Parent Session**

On Monday November 5<sup>th</sup> Gosford PS held a Cyber Safety parent information session led by a Police Community Liaison Officer from Gosford Police. This session was one of great value to parents/carers who attended and delved into topics such as: Cyber Bullying, Parental Control/Access measures, Social Media accounts and the importance of password protection to name a few. I have included a few key fact sheets from the session which I strongly encourage parents/carers to read. I would like to thank Fiona Snare our Community Liaison Officer for co-ordinating the session as well as the Coffee Talk with the Principal that also occurred on this day.

### **Good Values Guide Good Behaviour**

The following extract is taken from Kids Matter- an Australian Primary Schools mental health initiative. It directly relates to and outlines the influences on children's social development and with it associated effects on behaviour.

*Children's understandings of responsibility are influenced by their families, by school staff, by community members, by other children and also by the things children see and hear in the media. Young children especially watch and copy the attitudes and behaviour of those closest to them. As children grow older, they become more aware of peer group values and of the behaviours of role models such as sporting heroes or media personalities. They learn to think through and discuss the values and attitudes they observe in others and use themselves. They think about whether decisions that are made are fair or whether someone is being 'mean' to them or to others. When adults are fair, caring and respectful, children feel a greater sense of trust and belonging. Children are more likely to cooperate with adult guidance when they feel valued and respected. By contrast, when children feel they have been treated unfairly they are less likely to listen and more likely to try to avoid or resist discipline.*

Values are the internal guides we have for our behaviour. They help us to make choices, and to make judgements about what is right and wrong, good or bad, fair or unfair. While cultures differ in the emphasis they place on particular values (eg individual freedom or duty to family) there are many which are common to all cultures like respect, caring, and justice. **Parents and carers are children's first and most important teachers of values.**

Schools also have a major role to play in teaching values. Some of the ways that Gosford PS helps children learn positive social values include: • teaching children how to think about values and how to behave in ways that are caring, respectful, responsible • teaching cooperative behaviours inside the classroom and in the playground • making sure that behaviour and discipline issues are managed in ways that are positive, consistent and fair • providing opportunities for children to practise good citizenship – through peer mentoring, student representative council, community projects etc.

### **FROM THE COMMUNITY LIAISON OFFICER**

Thank you to the parents who attended our final 2018 Coffee Talk with the Principal on Monday. I plan to continue this event next year.

If you have been unable to attend a Coffee Talk, but would like to, please get in touch with me with your suggestions on how I can make this more accessible to you. I have had some feedback which I will take into account for next year, and would love to hear from you if you have any more to add. I can vary the time of day this event happens (e.g. an afternoon time), and will gladly do so based on your suggestions.

The talk on Cyber Safety for Children, delivered by Senior Constable Jaime Tommerup, went well. She told us about the website for the Office of the eSafety Commissioner ([www.esafety.gov.au](http://www.esafety.gov.au)) and encouraged us to use this valuable resource to educate ourselves on how we can help our children to have safer, more positive experiences online.

Fiona Snare

[gosfordps.clo@gmail.com](mailto:gosfordps.clo@gmail.com)

## Ethics Classes at Gosford Public School

Dear Parents and Carers

Could you or someone you know be an ethics teacher at Gosford Public School in 2019?

Ethics classes are available as an alternative for children who choose non-scripture rather than Special Religious Education (SRE). The curriculum is available for children from K-6; however at Gosford Public School we are currently offering classes from Years 1-6. We have two teachers leaving at the end of the year and we are seeking new teachers so that the current classes can continue next year.

Ethics teachers receive full training by Primary Ethics, the not-for-profit organisation approved to design curriculum and training for the ethics program. Training consists of a two-day workshop and short online modules and all lesson materials are provided. Suitable volunteers have an interest in children's education and development of critical thinking skills and must be available on Thursday mornings each week to teach a forty minute class. A small amount of weekly preparation (such as printing and reading through lesson materials) is also required.

In ethics classes, children learn how to think logically, disagree respectfully and support their arguments with evidence, rather than act according to blind habit or peer pressure.

Children discuss topic such as:

- imagining how others feel
- how do we treat living things?
- what is laziness?
- how do we disagree in a respectful way?
- fairness

If you are looking for an opportunity to make a valuable contribution to our school, please visit [www.primaryethics.com.au](http://www.primaryethics.com.au) or contact Kathy Wenban (Gosford PS Ethics Coordinator) on 0403 350 995 or [kwenban011@gmail.com](mailto:kwenban011@gmail.com).



# NESA Commitment to Aboriginal Education

## Community Consultation on the Draft Initiatives

**The NSW Education Standards Authority (NESA)  
warmly invites you to participate in  
community consultation  
on initiatives to support the NESA Commitment  
to Aboriginal Education.**

This event aims to be a culturally safe, community based conversation about the initiatives outlined in the NESA Commitment to Aboriginal Education.

**Time:** 11am -1pm

**Date:** Wednesday 14 November

**Venue:** Glenvale School  
Corner of Manns Road and Narara Creek Road  
NARARA

This event is free to attend and refreshments included.



**NSW Education Standards Authority**



**New South Wales  
Aboriginal Education  
Consultative Group Inc.**

# INSTALLING SZapp

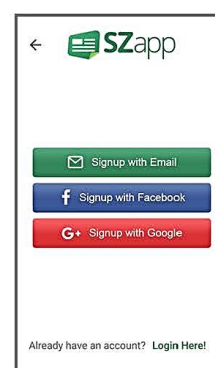
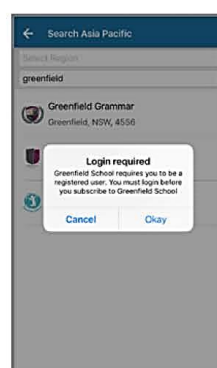
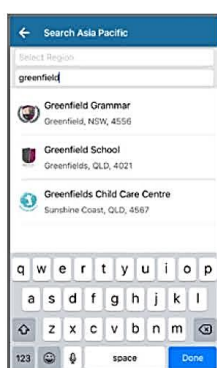
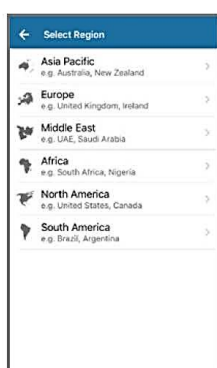


## Apple devices:

1. On your device, open the App Store.
2. Search the App Store for SZapp.
3. Download and install SZapp.

## Android devices:

1. On your device, open the Play Store.
2. Search the Play Store for SZapp.
3. Download and install SZapp.

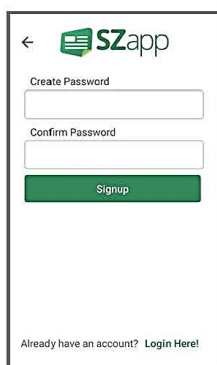
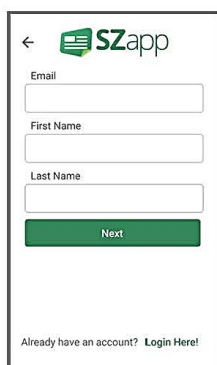


## 1. FIND YOUR SCHOOL

Select your school's region.  
Search for and select your school.

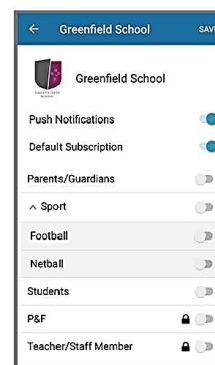
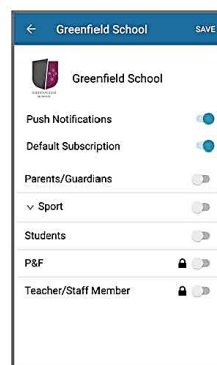
## 2. REGISTER A USER

Before you can add your school, you will need to register. Register with your email, or sign in with Google or Facebook.



## 3. REGISTER A USER

Enter your email and name and then create a password.



## 4. MANAGING NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are sub-groups which you can join.

For any further information see:  
<http://www.schoolzineplus.com/app-faq>



## SELECTIVE HIGH SCHOOL APPLICATION PROCESS FOR YEAR 7 2020

Reminder that applications for placement in Year 7 in selective high schools in 2020 opened on 9 October 2018 and will close on 12 November 2018. Application information can be downloaded from the High Performing Students Unit website at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>. The online application link is available from this website from 9 October 2018. Late applications will not be accepted.

## SMITH FAMILY SCHOLARSHIPS

### Learning For Life Scholarships Now Available

Meeting the costs of education can be tough. The Smith Family is offering education scholarships to assist your family to cover these costs and to help your children to get the most out of their education. If you are in possession of a Health Care Card or Pension Concession Card, and your child has excellent attendance, you are eligible to apply for a place on the Learning for Life Scholarship Program. Please contact the office for a referral form as soon as possible. The Smith Family will be in touch to arrange a scholarship interview with you, and you will be eligible for your first payment in January 2019.

#### Family Partnerships (Learning for Life) – Springfield and Wyong

Tel: 02 4333 4159  
[thesmithfamily.com.au](http://thesmithfamily.com.au)





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Be sun safe this summer



Health  
Central Coast  
Local Health District





Fact sheet

# CYBERBULLYING

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Cyberbullying is the repeated use of the internet, mobile phones and other technologies to bully, intimidate and humiliate others. It differs from other bullying because it often continues outside of school and school hours. It can be 24/7 and sometimes you may not know who is behind it.

## What does cyberbullying look like?

Cyberbullying might occur over the internet, in instant messaging (IM), social networking sites, blogs or through online gaming. It can also occur over the phone, by SMS or MMS, or voice and video calls.

## Why do people cyberbully?

There are a number of reasons why people might cyberbully others, including:

- think it's amusing
- don't like the person
- don't consider it to be a big deal, "it's just words"
- don't believe there are any consequences
- think they can be anonymous

None of these reasons, or any others, can justify cyberbullying.

## What are the effects of cyberbullying?

Things that happen on the internet or mobile phones can have offline consequences. Some of the effects of cyberbullying may be:

- anger
- embarrassment
- fear
- poor performance at school
- loss of confidence and self-esteem
- revenge cyberbullying or retaliation
- self-harm, even suicide

Cyberbullying hurts people. It can ruin lives. There could even be legal consequences for harassing or threatening someone online.

Most importantly, know where you can go for help! Speak to an adult you trust if something makes you feel uncomfortable. You can also contact:

- Reach Out: [www.reachout.com.au](http://www.reachout.com.au)
- Bullying. No Way!: [www.bullyingnoway.com.au](http://www.bullyingnoway.com.au)
- Kids Helpline: 1800 55 1800
- Youth Beyond Blue: [www.youthbeyondblue.com](http://www.youthbeyondblue.com)
- The website, application or phone carrier that you were using at the time

## What can you do about cyberbullying?

**Don't start it!** Cyberbullying is never acceptable. Think before you post something mean, or send someone a hurtful message.

**Don't be a part of it!** As a bystander, you can do something to stop cyberbullying. If someone tries to get you involved in cyberbullying, say NO.

**Don't let it get out of control!** You need to tell someone if you are being cyberbullied so that they can help you to make it stop.

**Stand up!** Be an active bystander and tell a trusted adult if you see cyberbullying occurring.

## How can you stay in control?

- learn how to block and report unwanted communications
- find out your school's policy on cyberbullying
- research what policies your Internet Service Provider (ISP) and any online sites and applications you are using have on cyberbullying
- tell someone!

## How can you help your friends?

- support the person who is being bullied - you never know when you might need help too
- encourage them to speak to a trusted adult
- don't forward or pass on any cyberbullying materials such as links to humiliating videos or gossip texts
- create a positive culture in your school and community which doesn't tolerate bullying in any form



For more information visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au)





Fact sheet

# CYBER SAFETY top ten tips for youth

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The internet and mobile phones provide great ways to express yourself and communicate with others. It's important to make sure they're used responsibly so that everyone has an enjoyable online experience.

It's all about respecting yourself and others.

1. Use a strong password, a combination of upper and lower case letters, numbers and symbols, eg P@\$w0rd!
2. Use secure web browsers, those with https at the start of the URL and a padlock or other indication that it is secure, when sharing sensitive information.
3. Update your operating system regularly and make sure you have antivirus software installed on your computer and other devices – phones too!
4. Avoid opening or responding to emails from people you do not know and aren't expecting – They could contain a virus or malicious software.
5. Don't give out private information over the internet or mobile phones about you, your family and friends. Also think about what information might be contained in photos you share.
6. Only accept friend requests from people you know and trust. When it comes to friends and followers online it is not a popularity contest!
7. Think before you post! Once you've pressed 'Send' you can't get that back. Who might see that photo, video or comment? Where might it end up?
8. Make sure your social media accounts are set to private or friends only! Also make sure you check your privacy settings regularly as they can change without you knowing.
9. Tell your friends to ask for your permission before uploading or tagging you in a photo – Make sure you do the same!
10. Don't post inappropriate or illegal content - It is impossible to permanently delete digital content once it has been shared.

Most importantly, know where you can go for help! Speak to an adult you trust if something makes you feel uncomfortable online or on a mobile phone. You can also contact:

- Reach Out: [www.reachout.com.au](http://www.reachout.com.au)
- Bullying. No Way!: [www.bullyingnoway.com.au](http://www.bullyingnoway.com.au)
- Kids Helpline: 1800 55 1800
- Youth Beyond Blue: [www.youthbeyondblue.com](http://www.youthbeyondblue.com)
- The website, application or phone carrier that you were using at the time



For more information visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au)





## Frequently Asked Questions: Parents

# SNAPCHAT



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### What is Snapchat?

Snapchat is an application which is free to download on iOS and Android devices that allows users to send images ('snaps') to each other. Operating the app requires use of the device's data plan or wireless internet connection. Images can be drawn on using a whiteboard-style tool and can be given a caption. Images can be sent to other users for up to 10 seconds before they 'dissolve'.

### What is the age restriction for Snapchat?

The age classification for Snapchat is 13 years old, although much of the content may be inappropriate for that age group. If children under the age of 13 sign up for an account they are given access to 'SnapKidz' which is a limited version of the app where users are not able to send images to other devices. It is important to note that these classifications are set by the app's creator and are not overseen by an independent body.

### How are kids using Snapchat?

Snapchat is used by many young people to keep up with their friends and to send photos to each other. Snapchat can, however, be used for inappropriate purposes and it is important to sit down with your child and explain to them that it is not okay to share images that are rude, offensive or sexualised.

### Should I be worried if my child is using Snapchat?

Any application when used incorrectly has the potential to cause harm. It is important that you communicate openly with your child about how they may be using an application and the legal and ethical ramifications of inappropriate use. Children and young people also need to be aware of the risks of communicating with people they don't know via any mobile application.

### Does an image really delete on Snapchat?

There are many ways an image can be saved, even on Snapchat. iOS and Android devices have a feature which allow the device to take a photo of what is on the screen ('screenshot'). Snapchat notifies the sender if an image they have sent has been captured, however you are not always notified. There are also many other ways images can be saved without the sender being notified so it is important to encourage children to think before they post.

### What are the privacy settings on Snapchat?

Snapchat has very limited privacy settings and it is important to monitor your child's usage of the application. One privacy setting that is available is the ability to restrict who can send your child snaps. This can be enabled by going into the Settings menu, under Who can send me snaps..., then select My Friends. This will ensure that only users on your child's contact list can send images.

### Is Snapchat a 'safe sexting' application?

It is important to know that there is no such thing as 'safe sexting' and Snapchat is no exception. Young people need to be aware that as soon as they send an image they have lost control over where it ends up. Sending sexually explicit images of someone under the age of 18, with or without their permission, could be an offence under State and Commonwealth legislation.

### What are the potential problems with Snapchat?

Sharing images that are rude, offensive or sexualised can see young people in breach of State and Commonwealth legislation that carry serious legal consequences. Ethically, young people need to be aware of the impact that their online behaviour has on others, as well as their own, reputations.

Sexting is commonly defined as the sharing of sexualised or naked images via the internet or mobile phone, this includes mobile applications like Snapchat. Children and young people need to realise that as soon as that image is sent they have lost control of it. Quite often we see images uploaded to the internet, including on various social networking sites, that had originally been shared between two people privately. Taking, sending and saving these sorts of images can also constitute child pornography offences and can have long term legal ramifications on a child's future.

If these images become public, the child in the image can be subject to bullying and cyberbullying. This may happen face-to-face at school or even online with people posting and sharing the image on social networking sites or instant messenger applications. It is extremely important that parents and carers are aware of the issues associated with various apps and websites so that they can openly communicate with their child about safe and responsible usage.

### How do I delete my child's Snapchat account?

After talking with your child about the ethical use of Snapchat and your family's rules around technology, you may think it's appropriate to delete the Snapchat account.

To delete a Snapchat account you can go to <https://support.snapchat.com/delete-account> and enter your child's account username and password. If you do not have your child's password you can put a deletion request into Snapchat.

Open and supportive discussions around technology usage are vital in ensuring your child understands their responsibilities when using technology. Simply removing the technology is not the best response as it could potentially drive your child's usage underground where there are few opportunities for you to support them.



For more information visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au)

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## Frequently Asked Questions: Parents

# KIK MESSENGER



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### What is Kik Messenger?

Kik Messenger (Kik) is a free smartphone messenger application that allows users to send texts, pictures, videos and sketches. Kik uses a wireless connection or mobile data to send and receive messages.

### What is the age restriction for Kik?

The age classification for the messenger function is 13 years old. Kik also has a feature called 'Kik cards' which allows users to find images, videos and play games. This feature is restricted to users 17 years and older due to the inappropriate nature of some of the content available. It is important to note that these classifications are set by the app's creator and are not overseen by an independent body.

### What are the potential problems with Kik?

Kik is a popular application amongst people of all ages. Issues arise when this app is used to transmit messages that are menacing, harassing or offensive. In some cases this can see young people in breach of State and Commonwealth legislation. Ethically, young people need to be aware that the messages they send can have a significant impact on other people.

As Kik also has the capability for users to share images it is important your child is aware of the legal and ethical ramifications of sharing sexualised, provocative and nude images.

It is extremely important that parents and carers are aware of the issues associated with various apps and websites so that they can openly communicate with their child about safe and responsible usage.

### How can I limit who can contact my child on Kik?

Kik has a setting that allows users to ignore new people who may communicate with them. It's a good idea for your child to enable this feature before they start using Kik to prevent people they don't know from communicating with them.

To enable this feature select **Settings > Notifications** and turn **Ignore New People** to ON. This will hide any messages sent to your child from people who aren't on their contact list.

### How can I block someone on my child's Kik account?

It is really important that children and young people know how to block and report on every social networking site or app that they might use. To block a user in Kik select **Settings > Privacy > Block List**, click the + to select the username of the person you want to block and select **Yes** or **Block** to confirm. This will make sure that all messages from this user will be hidden.

Note: A user will not be notified when they have been blocked.

### How can my child delete a user on Kik?

We recommend that you monitor your child's use of Kik and be aware of who they are communicating with. This might mean going through your child's contact list together to identify who they are talking to. It is important to ensure that their contacts are people whom your child has met in real life, trust and want to communicate with on a regular basis. To delete a contact, select the **Talk** to icon to see your list of contacts. Select the person you wish to delete, swipe or press and hold and select **Delete** or **Remove From List**.

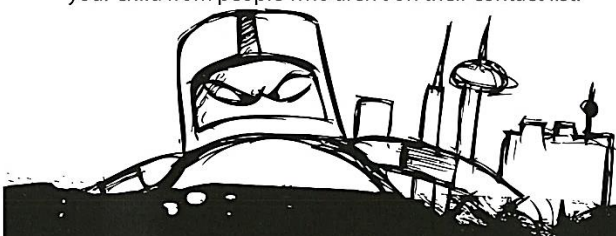
### How do I delete my child's Kik account?

After talking with your child about the ethical use of Kik and your family's rules around technology, you may think it's appropriate to delete the Kik account.

To delete a Kik account you require your child's username and password. To delete the account select **Settings > Your Account > Reset Kik Messenger**. You then need to delete the Kik application from your child's device. Ask a friend with Kik to send a message to your child's old account and within a few days your child will receive an email (sent to the email address used to sign up for the account) from Kik saying you have unread messages. At the bottom of this email will be a deactivation link – click on this and within a few days your account will be deleted.

Note: If your child logs into their Kik account before you have clicked on the deactivation link the request will be cancelled and the account will remain active. It is important that you and your child agree to delete the account and understand the reasons behind that decision.

Open and supportive discussions around technology usage are vital in ensuring your child understands their responsibilities when using technology. Simply removing the technology is not the best response as it could potentially drive your child's usage underground where there are fewer opportunities for you to support them.



For more information visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au)

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Fact sheet

# PARENTAL CONTROL: Apple iOS 7 Guided Access Mode

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## What is Guided Access mode?

Guided access mode is separate to restriction settings and is targeted at parents who lend their device to small children to allow them to use a specific app, such as a game. This mode locks the device into a specific app, disabling hardware buttons, and specified software buttons. This allows the child to use the specified app without fear of them exiting the app and accessing inappropriate material on the device, or inadvertently changing settings. The app can only be exited either by entering a passcode, or by performing a forced reboot on the device.

## How do I enable Guided Access mode?

1. Settings > General > Accessibility > Guided Access
2. From the device's home screen, tap the Settings icon.
3. From the settings menu, tap the General tab.
4. Tap Accessibility from within the General tab.
5. Tap Guided Access.
6. Toggle the Guided Access button to the green position.
7. Tap Set Passcode, and enable a four digit guided access mode passcode.

## How do I activate Guided Access mode on an app?

1. Open the app as usual, then once the app has loaded triple press the device's home button.
2. Following the instructions on the screen, select any areas of the app which you wish to disable the functionality for.
3. Tap the Start button to activate guided access mode.

## How do I exit Guided Access mode on an app?

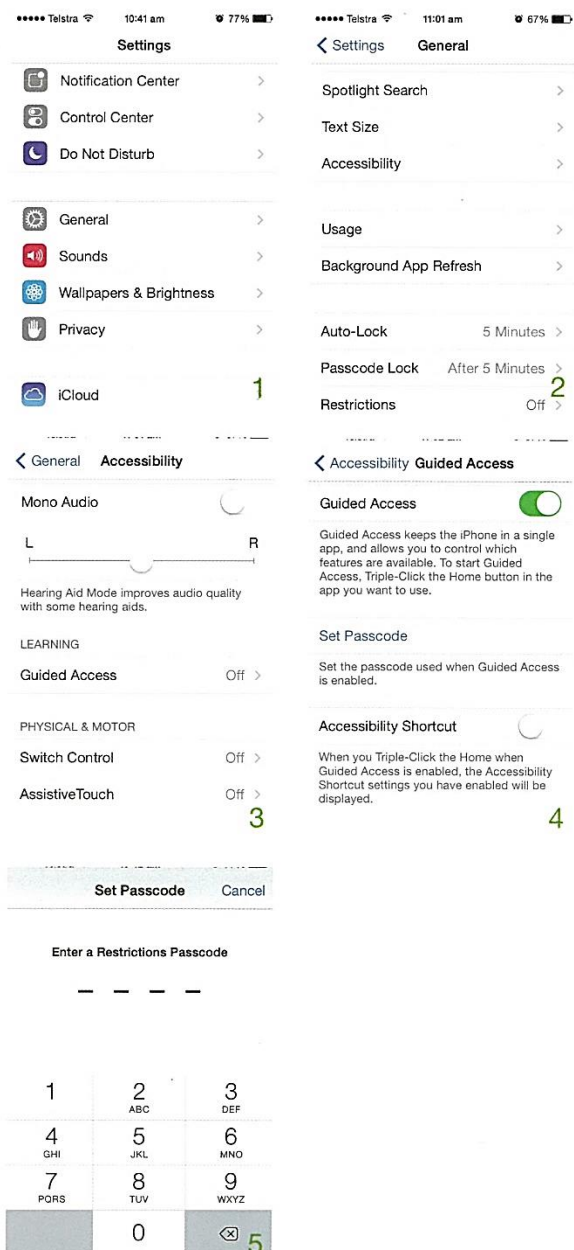
1. From within guided access mode, triple tap the home button.
2. Enter your guided access mode passcode.
3. In the guided access window that appears, select the End button.

Alternatively if you forget your passcode you can perform a forced reboot of the device by holding down the home and power buttons simultaneously for 15 seconds.

## Where can I find more information about iOS parental controls?

Apple has a support page for Guided Access accessible at <http://support.apple.com/kb/ht5509>, and for Restrictions accessible at <https://support.apple.com/kb/ht4213>.

## How do I enable Guided Access mode?



For more information visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au)





Fact sheet

# PARENTAL CONTROL: Apple iOS 7

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## What devices are iOS parental controls available on? iOS 7 Parental control features

Parental controls can be enabled on any device running Apple's iOS operating system. This includes iPhones, iPods, and iPads.

### What controls do restrictions provide on iOS devices?

Restrictions allow you to control what content is accessible from an iOS device, prevent the removal of existing apps, and prevent the modification of existing settings. Restrictions are protected by a four digit passcode. If the passcode is not known then the only way to disable restrictions is by performing a factory restore on the device, erasing the data stored on the device. The restrictions feature is suited for devices that are primarily used by a minor, for example a child's mobile phone. They are less suited towards shared devices, or parents devices that are only used by children occasionally. For these devices use Guided Access mode - see next page for details.

### What restrictions can I place on my child's device?

Apple's iOS software allows parents great flexibility in scripting access on their child's device including restricting app downloads, limiting access to particular websites and restricting the use of some built-in apps.

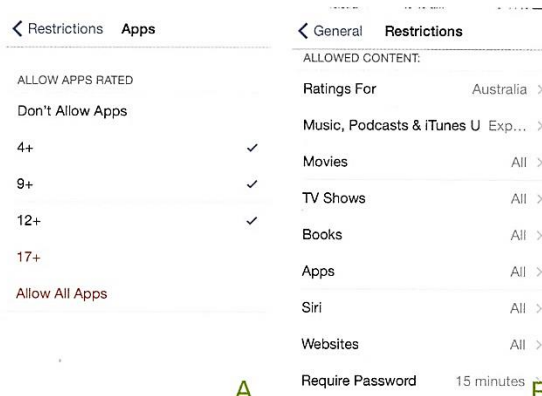
To ensure that restrictions are set for the correct content make sure 'Ratings for' is set to 'Australia' (See Image B).

Restricting access can be extremely helpful to ensure your child is not exposed to inappropriate content, however keeping open lines of communication with your children around responsible internet usage is essential.

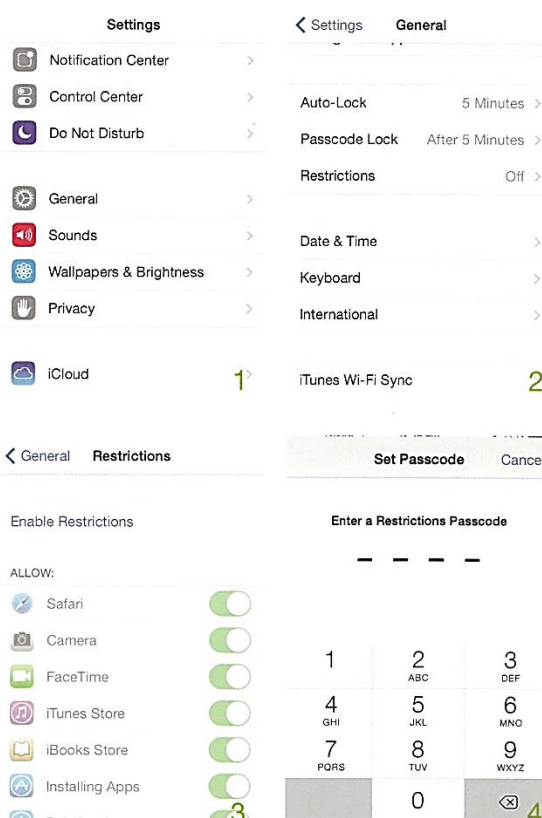
### How do I setup parental controls on an iOS device?

1. Settings > General > Restrictions > Enable Restrictions
2. From the devices home screen, tap the Settings icon.
3. From the settings menu, tap the General tab.
4. Tap Restrictions from within the General tab.
5. Tap Enable Restrictions.

You will then be able to enable individual restrictions by toggling pre-installed app access, and by tapping various categories, and choosing the desired restriction level for that category.



### How do I setup parental controls on an iOS device?



Note: When restrictions are enabled for apps, and then subsequently disabled your apps may be placed directly onto your home screen and not into folders which you previously had them within.

For more information visit [www.thinkuknow.org.au](http://www.thinkuknow.org.au)

AFP32857



# SCHOOL ZONE OFFENCES

## WHAT ARE YOU RISKING?\*



Children are small, harder to see, behave unpredictably and are extremely vulnerable. They need **YOU** to take extra care when driving and parking around school zones.



### No Parking

No waiting. You have 2 minutes to drop-off or pick-up. You must stay within 3 metres of your vehicle.



### No Stopping

You must not stop on a length of road with a No Stopping sign. The first 10m from an intersection is a no stopping zone. Yellow kerb lines are also No Stopping zones.



### Bus Zone

Only a public bus can stop in a bus zone.



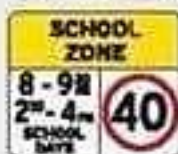
### Mobile Phones

Extra fines apply for using mobile phones in a school zone.



May be subject to Double Demerits

### Speeding Offences



40km/h is the limit. Children are vulnerable, so slow down in school zones.



May be subject to Double Demerits

### Pedestrian Crossings

1. In a queue of traffic, no part of your vehicle can stop on a pedestrian crossing.
2. Do not let your child in or out of a vehicle at a pedestrian crossing as this is a No Stopping zone.



### Driveways & Footpaths

Do not park on or across a driveway or footpath.



### U turns

Illegal on or near a pedestrian crossing and across double white lines.



### Double Parking

Double parking is illegal and is very dangerous in a school zone.

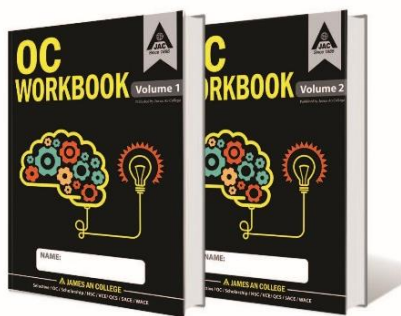


PENRITH CITY COUNCIL



\*Fines current as of March 2018. Fines and demerit points are subject to change. For more information check out the NSW Centre for Road Safety website.





2018-2019

# O.C. TRIAL TEST COURSE

Course **15th Oct 2018**  
Period **~28th July 2019** (36 weeks)



The **James An College O.C. Trial Test course** has developed over the past 20 years and is updated annually to provide students with the most up to date and comprehensive O.C. Trial Test course.

at your local JAC branch

## 1 - In Class



- Simulates exam conditions, format, and questions in an intensive 2.5 hour weekly course
- Over 2400 questions to practice exam technique and problem solving
- Weekly test covering 70 questions (20 Reading, 20 Mathematics, 30 GA)

## 2 - At Home



- Complements practice exams
- Over 1400 practice multiple choice questions
- Revise and study important concepts

## 3 - Online



- Free service for students to revise and 're-attempt' questions
- Target students' weakness and helps to improve through revision

[www.estudyjac.com](http://www.estudyjac.com)

## 4 - Report



- Computerised test reports are given to students every week to highlight areas for improvement

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